

SHRI ATAL BIHARI VAJPAYEE MEDICAL COLLEGE & RESEARCH INSTITUTE, SHIVAJINAGAR, BENGALURU.

formerly called as Bowring & Lady Curzon Medical College & Research Institute.

MBBS Phase- 1 FOUNDATION COURSE TIME TABLE

		Mon	Tue	Wed	Thu	Fri	Sat	Sun
Week 1	Moming	1A	1B	1C	1D	1E	2F	
	post noon	1A	1B 6A	1C 6A	1D 6A	1E 6A		
Week 2	Moming	2B	2A	2C	2D	2E	6B	
	post noon	2B	2A 6A	2C 6A	2D 6A	2E 6A		
Week 3	Moming	3A	4A	4C	4D	4G	4F 6B	
	post noon	3B	4A 6A	4C 6A	4D 6A	4E 6A		
Week 4	Moming	4H	4J	5A	5D	5D	5B 6B	
	post noon	4I	5B 6A	5B 6A	5B 6A	5B 6A		
Week 5	Moming	5D	5C	5C				
	post noon	5B	5C	4B				

Foundation Course Modules

1. **Orientation Module** Total hours: 30
 - 1A. Orientation Module: Introduction to institution / campus / facilities
 - 1B. Orientation Module: Role of doctors in the society
 - 1C. Orientation Module: History of Medicine and alternate systems
 - 1D. Orientation Module: IMG roles / overview MBBS curriculum
various career pathways
 - 1E. Orientation Module : Principles of family practice
2. **Skills Module:** Total hours: 35
 - 2A. Skills Module: First Aid
 - 2B. Skills Module: BLS
 - 2C. Skills Module: Universal precautions
 - 2D. Skills Module: Waste management
 - 2E. Skills Module: Immunization
 - 2F. Skills Module: Documentation
3. **Community orientation module** Total hours: 8
 - 3A. Community Orientation Module: National Health goals and policies/ health
Care systems/ community health
 - 3B. Community Orientation Module: Interactions with patients and
families, Communities.
4. **Professional Development and Ethics Module (P&E)** Total hours: 40
 - 4A. (P&E): Concept of Professionalism and Ethics
 - 4B. (P&E): White coat Ceremony
 - 4C. (P&E): Professional behaviour and altruistic behaviour
 - 4D. (P&E): Working in a health care team
 - 4E. (P&E): Disability competencies
 - 4F. (P&E): Cultural competence
 - 4G. (P&E): Stress management
 - 4H. (P&E): Time management
 - 4I. (P&E): Interpersonal relationship
 - 4J. (P&E): Learning
5. **Enhancement of Language and Computer Skills Module** Total hours:40
 - 5A. Enhancement of Language and Computer Skills Module:
Communication
 - 5B. Enhancement of Language and Computer Skills Module: Local
Language training
 - 5C. Enhancement of Language and Computer Skills Module: English
Language training
 - 5D. Enhancement of Language and Computer Skills Module:
Computer Skills training
6. **Sports and extracurricular activities:** Total hours: 22

Sports should be for a mandatory 4 hours per week and extra-curricular activities 2 hours per week, subject to a total of 22 hours.

SHRI ATAL BIHARI VAJPAYEE MEDICAL COLLEGE & RESEARCH INSTITUTE FOUNDATION COURSE – 2021 -22

DATE	DAY	MORNING SESSION		POST LUNCH SESSION 1	POST LUNCH SESSION 2
DAY 1	MONDAY	1 A.Introduction to Institution/ Facilities/Campus		1 A.Introduction to Institution/ Facilities	6 A. Sports and Extracurricular Activities
DAY 2	TUESDAY	1 B. Role of doctors in the society		1 B. Role of doctors in the society	6 A. Sports and Extracurricular Activities
DAY 3	WEDNESDAY	1 C. History of Medicine and alternate system		1 C. History of Medicine and alternate system	6 A. Sports And Extracurricular Activities
DAY 4	THURSDAY	1 D. IMG Roles/ Overview MBBS Curriculum various career pathways	LUNC H	1 D. IMG Roles/ Overview MBBS Curriculum various career pathways	6 A. Sports And Extracurricular Activities
DAY 5	FRIDAY	1 E. Principles of family Practice		1 E. Principles of family Practice	2 F. Skills Development Documentation
DAY 6	SECOND SATURDAY				
	SUNDAY				
DAY 1	MONDAY	2 A. Skills Module First Aid		2 A. Skills Module First Aid	6 A. Sports And Extracurricular Activities
DAY 2	TUESDAY	2 C. Skills Module: Universal Precautions		2 C. Skills Module: Universal Precautions	6 A. Sports And Extracurricular Activities
DAY 3	WEDNESDAY	2 D. Skills Module waste Managements	LUNC H	2 D. Skills Module waste Managements	6 A. Sports And Extracurricular Activities
DAY 4	THURSDAY	2 D. Skills Module waste Managements	LUNC H	2 D. Skills Module waste Managements	6 A. Sports And Extracurricular Activities
DAY 5	FRIDAY	2B.Skills Module: BASIC LIFE SUPPORT		2B.Skills Module: BASIC LIFE SUPPORT	6 A. Sports And Extracurricular Activities

DAY 6	SATURDAY	2E. Skills Module: Immunization		2F. Skills Module: DOCUMENTATION	6 B. Sports And Extracurricular Activities
DAY 1	MONDAY	3 A. Community Orientation Module: National Health goals And Policies/ Health Care System	L	3B. Community Orientation Module: Interactions with patients and families, Communities.	6 B. Sports And Extracurricular Activities
DAY 2	TUESDAY	3B. Community Orientation Module: Interactions with patients and families, Communities.		3B. Community Orientation Module: Interactions with patients and families, Communities.	6 B. Sports And Extracurricular Activities
DAY 3	WEDNESDAY	3B. Community Orientation Module: Interactions with patients and families, Communities.		3B. Community Orientation Module: Interactions with patients and families, Communities.	6 B. Sports And Extracurricular Activities
DAY 4	THURSDAY	4A. (P&E): Concept of Professionalism and Ethics. 4C. (P&E): Professional behaviour and altruistic behaviour 4D. (P&E): Working in a health care team		4A. (P&E): Concept of Professionalism and Ethics. 4C. (P&E): Professional behaviour and altruistic behaviour. 4D. (P&E): Working in a health care team	6 A. Sports And Extracurricular Activities
DAY 5	FRIDAY	4E. (P&E): Disability competency	L	4E. (P&E): Disability competency	6 A. Sports And Extracurricular Activities
DAY 6	SATURDAY	4H. (P&E): Time management		4F. (P&E): Cultural competence	6 A. Sports And Extracurricular Activities
DAY 1	MONDAY	4G. (P&E): Stress management		4I. (P&E): Interpersonal relationship	6 A. Sports And Extracurricular Activities
DAY 2	TUESDAY	4J. (P&E): Learning	LUNCH	5A. Enhancement of Language and Computer Skills Module: Communication	6 B. Sports And Extracurricular Activities
DAY 3	WEDNESDAY	5D. Enhancement of Language and Computer Skills Module: Computer Skills training		5C. Enhancement of Language and Computer Skills Module: English Language training	6 A. Sports And Extracurricular Activities
DAY 4	THURSDAY	5A. Enhancement of Language and Computer Skills Module: Communication		5B. Enhancement of Language and Computer Skills Module: Local Language training	6 A. Sports And Extracurricular Activities
DAY 5	FRIDAY	4B. (P&E): White coat Ceremony			

Colour code	Subjects / Content	Teaching hours
	O r i e n t a t i o n M o d u l e	4 0
	S k i l l s M o d u l e	4 2
	C o m m u n i t y O r i e n t a t i o n M o d u l e	1 6
	P r o f e s s i o n a l D e v e l o p m e n t & E t h i c s M o d u l e	4 0
	E n h a n c e m e n t o f L a n g u a g e & C o m p u t e r S k i l l s M o d u l e	2 0
	S p o r t s a n d E x t r a C u r r i c u l a r A c t i v i t i e s	1 7
	Total hours	1 7 5




Government of Karnataka



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SHIVAJINAGAR, BENGALURU.**
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**FOUNDATION COURSE TIME TABLE FOR 1ST PROFESSIONAL YEAR OF
MBBS BATCH 2021-22**


Signature of
Convenor, MEU
SABVMC&RI, Bengaluru


Signature of Principal


Director cum Dean
SABVMC&RI, Bengaluru